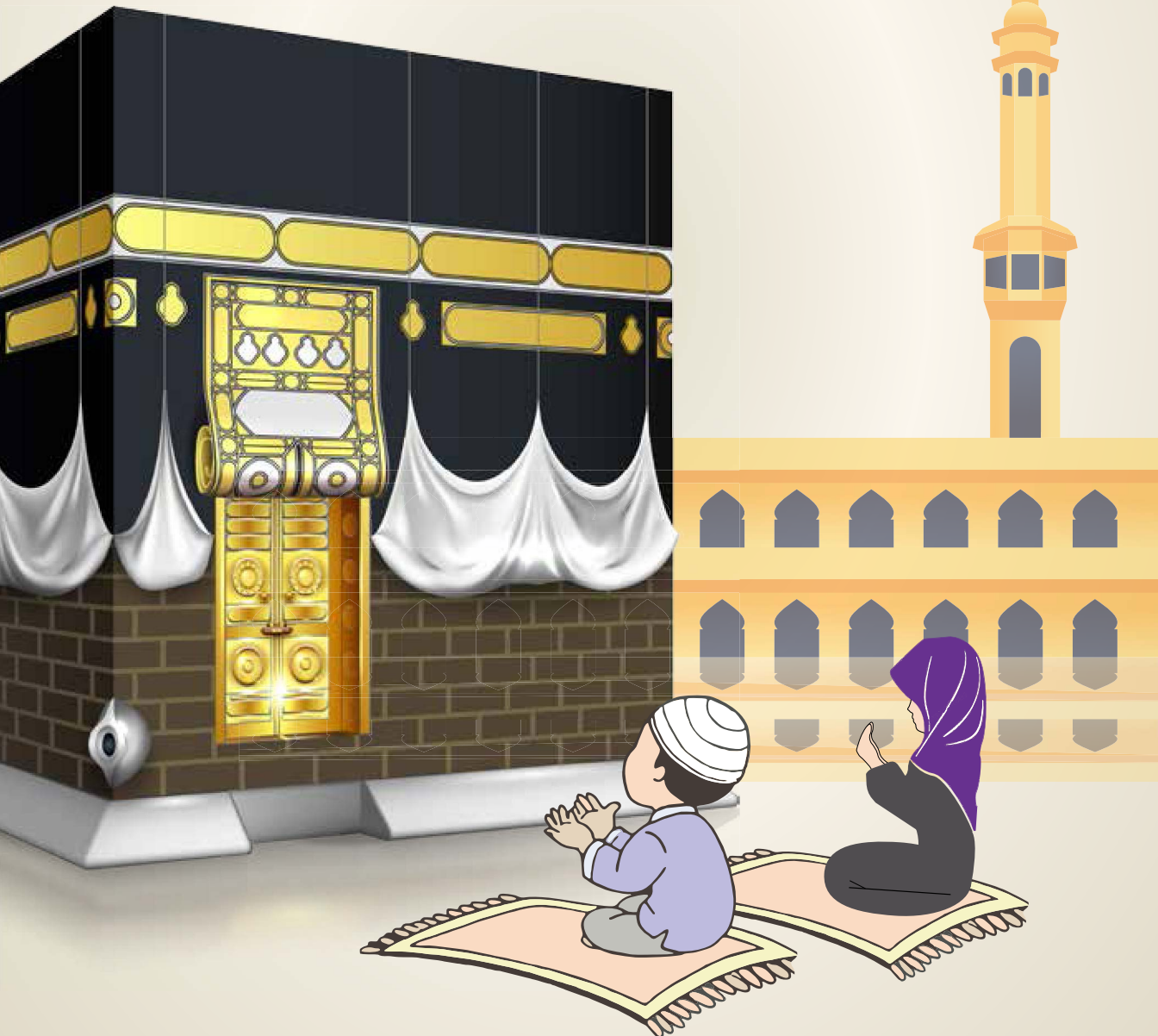


How I Pray

Salah

For Beginners



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

How I Pray

Salah



For Beginners.

Salah صَلَاة

اللَّهُ (Allah) Subhanahu Wa Ta'aala has ordered all Muslims to offer صَلَاة Five times daily on time.

Namely Fajr الفَجْر , Zuhr الظُّهر , Asr العَصْر ,
Maghrib المَغْرِب , and Isha العِشَاء .

Offering صَلَاة daily helps us to remember اللَّهُ all the time.

We pray to اللَّهُ to thank Him for all the blessings He has given us.

We also ask Him to forgive our sins.

Rakats of صَلَاة (Salah)



1 Fajr الْفَجْر

Before sunrise

2

2



2 Zuhr الظُّهْر

Early afternoon

Jummah

4

4

2

2

4

2

4

2

2



3 Asr الْعَصْر

Late afternoon

4

4



4 Maghrib الْمَغْرِب

After sunset

3

2

2



5 Isha الْعِشَاء

Night time

4

4

2

2

3

2

Fardh

فرض

The compulsory prayer that must be offered.

Wajib

واجب

This is a necessary prayer which comes next in rank of importance after a fardh prayer.

Sunnat

Muakkada

سنة مؤكدة

Is the prayer which Rasulallah ﷺ used to offer daily without fail and had advised his followers to do so.

Sunnat Ghair

Muakkada

سنة غير مؤكدة

The prayer which Rasulallah ﷺ offered regularly and desired his followers to do so. To offer it is a great reward.

Nafil

نفل

A voluntary prayer. There is a lot of reward if you perform these.

Before صَلَاة Salah

1 Dress properly

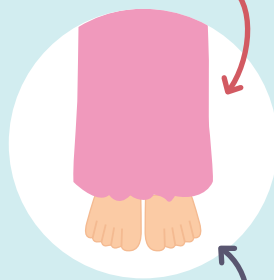
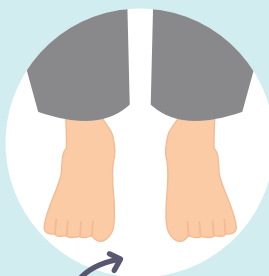
Wear clean clothes. ✓
Your arms should be covered. ✓

♂ **Boys:** Make sure that your body is covered from chest to below the knees, and your trousers do not go below your ankles. ✓

♀ **Girls:** Make sure your whole body is covered, except your face, hands and feet. ✓
All of your hair must be covered. ✓

♂ **Boys:** Keep your trousers above your ankles

♀ **Girls:** Keep your feet and knees together



Point your toes to the
سجدة

2 Stand facing the Qibla

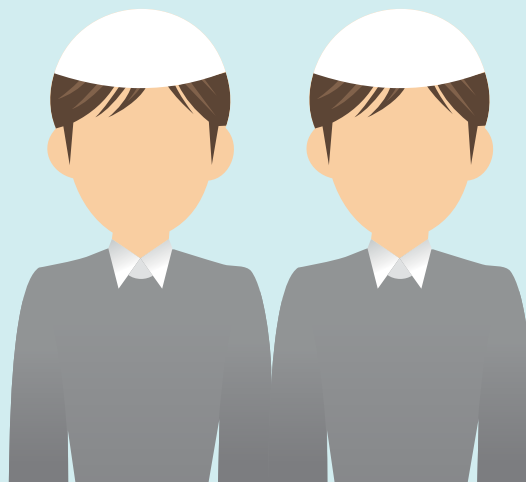
Stand up straight and face the
قبلة. ✓

Look at the spot where you make
سجدة, but don't drop your head. ✓
Point your toes to the قبلة. ✓

♂ **Boys:** Keep a gap of at least four fingers between your feet. ✓

♀ **Girls:** Keep your feet and knees together. ✓

♂ **Boys:** Keep a gap of at least four fingers between your feet



3 Praying with others

If you are praying together with others, make sure your line is straight. ✓

Stand so that there are no gaps between your arms and the arms of the people next to you. ✓

Stand so there are no gaps between your arms and the arms of the people next to you

تَسْبِيح Tasmee

(Recite the following while returning to the standing position from ركوع)

سَبِّحَ اللَّهُ لِمَنْ حَمِدَهُ ط

Sami'allahu liman hamidah

Allah hears the one who praises Him

تَحْمِيد (Tahmeed)

(Recite the following after تسبيح in the standing position)

رَبَّنَا لَكَ الْحَمْدُ ط

Rab-ba-naa la-kalhamd

Our Lord, all praise be to You

سَجْدَة (Sajdah)

(سجدة for تسبيح)

سُبْحَانَ رَبِّيَ الْأَعْلَى ط

Subhaana rabbiyal a'la

Glory be to my Lord, The Most High

تَشَهُد (التحيات) Tashahhud (Tahiyat)

التَّحِيَّاتُ لِلَّهِ وَالصَّلَاةُ وَالطَّيِّبَاتُ السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ
وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ ط السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ ط
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ ط

The Kalimas of اذان are:

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

Allahu Akbar
Allah is the Greatest

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

Allahu Akbar
Allah is the Greatest

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ashhadu allaa ilaha illallah
I bear witness that there is no
God but Allah

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ashhadu allaa ilaha illallah
I bear witness that there is no
God but Allah

أَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

Ashhadu anna Muhammadar
rasoolullah

I bear witness that Muhammad ﷺ
is Allah's Messenger

أَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

Ashhadu anna Muhammadar
rasoolullah

I bear witness that Muhammad ﷺ
is Allah's Messenger

حَيَّ عَلَى الصَّلَاةِ

Hayya 'alas salah
Hurry towards Salah

حَيَّ عَلَى الصَّلَاةِ

Hayya 'alas salah
Hurry towards Salah

حَيَّ عَلَى الْفَلَاحِ

Hayya 'alal falah
Hurry towards Success

حَيَّ عَلَى الْفَلَاحِ

Hayya 'alal falah
Hurry towards Success

لَا إِلَهَ إِلَّا اللَّهُ

La ilaha illallah
There is no God but
Allah

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

Allahu Akbar Allahu Akbar
Allah is the Greatest
Allah is the Greatest